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Adaptive VLSI Design Using Dynamic Voltage and Frequency Scaling (DVFS) for Low-Latency IoT Communication Networks

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KEYWORDS:

Adaptive VLSI, Dynamic Voltage and Frequency Scaling (DVFS), IOT Communication Networks, Low-Latency, Power-Efficient Design, Real-Time Systems, Energy Optimization, Hardware Acceleration.

 ARTICLE HISTORY:

 Received
 : 10.07.2024

 Revised
 : 18.09.2024

 Accepted
 : 07.11.2024

DOI: https://doi.org/10.31838/ivcs/07.01.03

ABSTRACT

The best and most compatible hardware solutions need to be developed to meet the growing demand for communication in Internet of Things (IoT) networks. This paper suggests using dynamic voltage and frequency scaling or DVFS for designing adaptive VLSI circuits for small IoT communication networks. DVFS is used to adjust the operating voltage and frequency of circuits and reduce power consumption when network traffic is light. It also maintains high-speed operation under heavy loads. By satisfying the requirements of the oscillating network the proposed VLSI design preserves low latency and high power efficiency. Simulations and prototype implementations show that in comparison to conventional VLSI designs the system features notable improvements in both communication speed and power consumption. These findings show that by strengthening power and traffic performance in IoT networks through the integration of VLSI circuits DVFS can be a good option for resource-constrained IoT devices and real-time applications.

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How to cite this article: Salameh AA, Baharum F. Adaptive VLSI Design Using Dynamic Voltage and Frequency Scaling (DVFS) for Low-Latency IoT Communication Networks, Journal of VLSI Circuits and System, Vol. 7, No. 1, 2025 (pp. 19-25).

INTRODUCTION

IoT devices function in diverse environments frequently marked by constrained resources and power limitations.^[1] For Internet of Things applications to be sustainable and effective, they must have longer battery lives, lower power consumption and make efficient use of the energy resources that are already available. While effective traditional Very Large-Scale Integration (VLSI) design approaches have considerable difficulties in satisfying the particular power needs of Internet of Things (IoT) devices.^[2] As such it is becoming more and more important to investigate novel approaches that maintain these devices functionality and performance while simultaneously addressing their energy efficiency as a whole.

By combining a large number of transistors onto a single chip,VLSI technology significantly contributes to the advancement of electronic devices. VLSI circuits are necessary for the Internet of Things communication networks in order to create small, effective, and high-performing solutions.^[3] The foundation for the downsizing and enhanced functionality of network nodes is established. However, maintaining high performance while effectively managing power consumption becomes increasingly difficult for conventional VLSI designs as IoT networks become more complex and dataintensive. VLSI circuits must adapt to handle dynamic power and performance adjustments based on various network requirements in order to address these problems.^[4]

One potential remedy for the energy efficiency issue that Internet of Things devices are facing is dynamic voltage and frequency scaling (DVFS).^[5] Based on the fluctuating workload this adaptive technique enables real-time modification of the processor's voltage and operating frequency. To find the best possible balance between performance and energy consumption DVFS dynamically modifies these parameters. The simplified process of DVFS is shown in Figure 1. Research has focused on DVFS because of its applicability to the dynamic and resourceconstrained nature of IoT devices despite its initial use in desktop and server environments.



Fig. 1: Simple DVFS

To achieve satisfactory performance, there are several challenges associated with integrating DVFS into VLSI circuits.^[6,7] The most difficult task is creating a circuit that can switch between various voltages and frequencies while preserving stability and reducing overhead. Maintaining seamless mode transitions is crucial. Furthermore, a sophisticated operating system is needed to manage abrupt changes in operating conditions while still implementing DVFS in a small footprint. In order to fully reap the benefits of energy savings and improved performance, the implementation of DVFS is complicated and requires a deep understanding of both the hardware and related operational changes.^[8]

This research aims to explore the integration of DVFS in VLSI design specifically for low-latency IoT communication networks. The objective is to create an energy-efficient architecture that optimizes energy consumption while simultaneously satisfying the computing demands of diverse Internet of Things applications. This is achieved through dynamic architecture that adjusts to varying workloads. This research aims to shed light on the potential of this strategy to fundamentally alter the state of energy efficiency in the Internet of Things communication networks through a thorough examination of system architecture DVFS implementation complexity and empirical evaluation.

Designing and implementing adaptive VLSI circuits with DVFS to maximize performance and power consumption is one of the main goals of this research. This entails creating VLSI circuits that incorporate DVFS mechanisms so that in response to changing network traffic conditions their operating voltage and frequency can be dynamically adjusted. Building circuits that can effectively control power consumption in times of low activity is the aim in order to guarantee high-speed network operation during peak demand. In order to handle variable workloads and contribute to more effective IoT communication networks this goal focuses on increasing the adaptability of VLSI circuits.

The design and optimization of VLSI circuits for Internet of Things communication networks could be greatly

advanced by this research. The research intends to contribute to more effective and responsive IoT systems by showcasing the advantages of DVFS integration. The findings may contribute to significant advancements in the control of power and performance in Internet of Things networks thereby resolving some of the most critical issues that contemporary electronic systems face. Should this research be put into practice it may open the door to improved IoT devices in terms of performance and efficiency which would further the advancement of smart technologies across a range of industries.

The incorporation of DVFS into VLSI circuit design is a potentially effective method for resolving issues related to power consumption and performance in Internet of Things communication networks. The objective of this research is to enhance the flexibility and effectiveness of VLSI circuits thereby promoting the development of IoT systems and wider objectives of sustainability and innovation in the technology industry.

LITERATURE REVIEW

^[9]Examined how heterogeneous Multi-Processor Systemon-Chips (MPSoCs) built on Network-on-Chip (NoC) might be used to optimize the energy consumption of streaming Internet of Things (IoT) applications. The research provides a technique that combines retiming with dynamic voltage and frequency scaling (DVFS) to improve energy savings. Researchers point out that re-timing, or changing the timing of processes in digital circuits, can reduce energy consumption when combined with DVFS techniques. The reason this article matters is that it demonstrates how to improve the energy consumption of IoT devices using cuttingedge techniques, which is necessary for efficient and sustainable smart environments. Their approach can save a substantial amount of energy without compromising the performance of streaming applications, as evidenced by the findings. This makes it a noteworthy contribution to the field of energy-efficient Internet of Things solutions.

^[10]Investigated the design and optimization of low-power VLSI circuits with the goal of reaching the ideal power-toperformance ratio for Internet of Things devices. It looks into algorithmic techniques, architectural and transistor-level optimizations, and IoT-specific factors to reduce energy use, prolong device life, and lessen environmental impact. The authors hope to steer IoT deployments in the direction of more economical, efficient, and sustainable solutions, in line with global sustainability goals and fostering an ecofriendly IoT ecosystem.

^[11]Proposed how dynamic voltage and frequency scaling can be used as a key element in power-efficient VLSI design for Internet of Things devices. Energy savings are evident because of the system architecture's incorporation of DVFS without sacrificing performance. These results support ongoing efforts to make these devices more robust and sustainable as IoT continues to influence the technological landscape.

^[12]Explored innovative design methodologies aimed at reducing power consumption in VLSI circuits, which are essential for the robustness and performance of IoT devices. Examining various low-power design techniques such as power gate, multi-threshold CMOS (MTCMOS) and dynamic voltage and frequency scaling (DVFS), we provide a comprehensive approach to design energyefficient VLSI circuits for the next generation of IoT applications.

^[13]Investigated the application of machine learning (ML) techniques to the design of VLSI (Very Large-Scale Integration). This study investigates the potential benefits of machine learning (ML) for automating and optimizing VLSI design processes. The authors provide a comprehensive examination of several machine learning approaches and their potential applications to reduce time-to-market, enhance design efficiency, and boost overall VLSI system performance.

METHODOLOGY

Adaptive VLSI Architecture

Power consumption and performance are optimized through the integration of DVFS into the design of the VLSI system architecture. The architecture is made up of memory modules control units communication interfaces and low-power CPUs that work together to manage power across the system. Every part is built to support DVFS which enables the system to dynamically change its frequency and voltage in response to network and workload conditions. Designing a VLSI architecture for power efficiency involves careful consideration of various components and strategies to minimize power consumption without compromising performance. Figure 2 shows a conceptual system architecture for VLSI designed for energy efficiency.

Task scheduling mechanisms and low-power processors make up the processing unit which is the heart of the VLSI design.^[14] It is in charge of carrying out duties that minimize energy use. It plays an essential role in maintaining system performance with optimized energy usage by dynamically adjusting processing speed and workload distribution.



Fig. 1: Adaptive VLSI System Architecture

In order to facilitate effective data collection and environmental interaction, the field of sensors and peripherals places a strong emphasis on the integration of energy-efficient sensors. The system makes sure that data acquisition doesn't use too many resources by optimizing the energy consumption of sensors and peripherals which increases overall energy efficiency.

System integrity is preserved by fault-tolerant designs and lightweight encryption two power-conscious security features included in the Security and Reliability module. It strikes a balance between the requirements for protection and energy efficiency by ensuring that the system stays dependable and safe without noticeably increasing power consumption.

Low-power memory modules are part of the memory hierarchy and are made to draw less power when storing and accessing data. This component helps reduce the energy footprint connected with system memory usage by optimizing memory read/write operations and utilizing energy-efficient technologies.

The memory hierarchy includes low-power memory modules which are made to use less power when storing and retrieving data. Through the implementation of sustainable energy-saving technologies and the optimization of memory read/write operations, this component lowers the energy consumption associated with system memory.

Adaptive algorithms are used in system-level optimization to raise operational efficiency and overall performance. For the optimal operational balance these algorithms dynamically modify system parameters based on work optimization energy consumption resource allocation and real-time data.

Dynamic voltage and frequency scaling (DVFS) and power regulation are integrated by the power management unit. The power profile of the system is efficiently managed by these methods which lower power consumption by modifying the voltage frequency and power state of components according to their current workload.

The dynamic power consumption of a VLSI circuit can be described by the following equation:

$$P_D = C \ V^2.f \tag{1}$$

Where C is the switching capacitance of the circuit, V represents supply voltage, and the operating frequency is f. Lowering V and f can significantly minimize the power consumed by the circuit.

Energy is extracted from environmental sources and stored in low-power storage devices as part of the

energy harvesting and storage component. By offering a substitute energy source lowering reliance on outside energy sources and increasing overall energy efficiency it raises the sustainability of the system.

The energy-delay product is an essential metric that balances power and performance. It is used to assess the VLSI circuit efficiency:

$$EDP = P_D X T_{delay} \tag{2}$$

Where, $T_{delay}=1/f$ is the circuit's delay, which is inversely proportional to the frequency. Lower EDP rates indicate better power performance efficiency, which is crucial for IoT applications.

DVFS adjusts the frequency f based on the current workload to optimize power and performance.

$$f = f_{max} X \frac{U_{Current}}{U_{Max}}$$
(3)

Where, f_{max} is the maximum operating frequency, is the processor's current utilization, and is the maximum utilization level.

The energy-efficient design of the communication modules minimizes the power needed for data transmission within the system. They boost the overall efficiency of the VLSI architecture by utilizing low-power communication protocols and techniques that lower the energy costs related to data exchange.

Energy per operation is an important measure for IoT devices where energy efficiency is critical:

$$E_o = P_D X T_o \tag{4}$$

Where T_o represents the time taken to operate. Lowering and optimizing results in a more energy-efficient VLSI design.

The total power consumption P_{Total} in VLSI design is a sum of dynamic and static power:

$$P_{Total} = P_D + P_L \tag{5}$$

Where, P_L depicts the leakage power. Reducing both dynamic and leakage power is important for IoT applications.

Power profiling tools are utilized by the systemlevel simulation and monitoring module to monitor and simulate system performance thereby offering valuable insights into power consumption patterns. It is essential to system design refinement and long-term energy consumption optimization because it reveals inefficiencies and possible areas for improvement.

RESULT & DISCUSSION

For IoT applications, efficient power control in VLSI design is essential to extend device life and reduce environmental impact. The implementation of component forwarding and power modes at the operating system level maximizes power consumption during idle states, ensuring low power consumption when components are not in use. By minimizing data transfer and allowing parallel execution of tasks, software-level techniques such as improving data locality and using task coordination increase efficiency.

Circuit and logic level optimization aims to minimize energy dissipation primarily through energy-efficient logic designs optimal transistor scaling and energy harvesting techniques that recycle internal circuit energy. These techniques considerably lower dynamic energy consumption without sacrificing operational efficiency. Also, the switching power of the transistors is reduced by utilizing multi-threshold devices and modifying the threshold voltages striking a successful balance between performance and energy efficiency.

By using these comprehensive approaches at every stage of the VLSI design process, designers can attain notable gains in energy efficiency, which are especially appropriate for the upcoming generation of IoT applications. In addition to extending the life and performance of devices, this all-encompassing approach satisfies the IoT ecosystems' growing demand for longterm technological solutions.

Comprehensive simulations and prototype implementations are used to evaluate the suggested adaptive VLSI design utilizing dynamic voltage and frequency scaling (DVFS) in order to determine its effect on communication speed energy efficiency and overall network performance of IoT. The VLSI design based on DVFS was assessed for a range of network traffic loads from light to heavy. When there is minimal network traffic the DVFS system automatically lowers the operating voltage and frequency which saves a lot of energy without sacrificing functionality.

According to our simulation results compared to conventional fixed-frequency VLSI circuits, power consumption could be reduced by up to 45%. For Internet of Things devices with limited resources that need longer battery life and less energy, this reduction is especially helpful. The circuit could manage more data flow with less latency when there was a lot of network traffic because the DVFS mechanism raised the operating frequency and voltage. Through dynamic tuning, the circuit was able to adapt to the demands of real-time communication while using minimal power. The outcomes indicate that the DVFS design can sustain low latency communication even under heavy load as evidenced by a thirty percent reduction in latency when compared to conventional designs under comparable high traffic conditions.

The significant increase in energy efficiency is among the most evident advantages of VLSI DVFS-compatible design. The design greatly decreased needless energy consumption during times of low activity by dynamically adjusting voltage and frequency based on current traffic conditions. Compared to traditional VLSI designs power consumption is found to be on average 35-50% lower. Batteries-operated sensors and remote monitoring systems are examples of IoT devices that depend on these power-saving measures to function in low-energy environments.

To guarantee that the circuit runs at the ideal power level necessary to satisfy communication requirements the DVFS technique also showed that it could successfully balance performance and power consumption. A significant feature that sets it apart from conventional designs is its capacity to modulate power in response to variations in network traffic. Conventional designs on the other hand frequently consume excessive power when there is little to no load because they are unable to regulate voltage and frequency effectively.

Improved communication speed was made possible in large traffic scenarios in large part by the adaptive frequency scaling feature of the proposed design. In comparison to fixed frequency designs the DVFS design improved communication speed by 20% by maintaining a high data rate and raising the operating frequency when needed. In real-time Internet of Things applications like industrial automation healthcare monitoring and smart city infrastructure this capability is critical for quick data processing and transmission. Because DVFS adapts quickly to changing traffic loads latency-a crucial metric for IoT networksis significantly reduced. According to our findings, the DVFS-enabled VLSI design had consistently lower latency under all traffic situations which is crucial for applications where quick data transfer is required. Because traditional models have fixed performance parameters they usually struggle during peak traffic periods when the reduction in latency is especially noticeable.

The practical implementation of any VLSI design in Internet of Things networks is contingent upon its scalability. Operating effectively across a range of network sizes and configurations the suggested DVFS design has proven to be robustly scalable. The DVFS system can be practically implemented for a variety of IoT applications as demonstrated by prototype implementations on small IoT communication modules which proved that the system could be easily integrated into current hardware with little changes.

Furthermore, the VLSI design did not become significantly more complex or expensive as a result of the DVFS implementation. The performance gains more than made up for the small increase in design cost and the additional circuitry needed for voltage and frequency scaling was minimal. Large-scale IoT deployments will find the suggested design to be a desirable option due to its balance of enhanced performance and modest implementation complexity.

To evaluate the suggested DVFS-based VLSI design against conventional VLSI circuits running at fixed voltages and frequencies a benchmark analysis was carried out. The outcomes demonstrated the DVFS approaches superior performance, particularly in situations where network traffic conditions fluctuate. Because of their static operating parameters, conventional models exhibit higher power consumption and increased latency, particularly during low traffic periods when energy efficiency is compromised. By comparison, the adaptive design made possible by DVFS was able to continuously optimize power and performance leading to notable gains in communication speed and energy efficiency. Benchmarking revealed that the DVFS design continuously outperformed conventional circuits proving that it is appropriate for Internet of Things networks

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Figure 2 shows a comparison of power consumption between DVFS-enabled VLSI and conventional VLSI circuits under varying workloads (light, moderate, heavy). The DVFS-enabled design consistently consumed less power across all scenarios, demonstrating up to 40% reduction in power consumption compared to conventional VLSI circuits. This significant reduction is attributed to the system's ability to dynamically adjust voltage and frequency based on real-time workload conditions.



Fig. 3: System Latency Comparison

Figure 3illustrates the system latency for both DVFSenabled and conventional VLSI designs. The results indicate that the DVFS-enabled circuit exhibited lower latency, especially under heavy workloads, with up to a 25% reduction in latency compared to conventional VLSI. This demonstrates the effectiveness of DVFS in maintaining high-speed operation during peak demand periods, which is critical for low-latency IoT communication networks.



Fig. 4: Energy Efficiency Comparison

Figure 4 compares the energy efficiency of the DVFSenabled VLSI design and conventional VLSI, measured in energy consumed per bit (nJ/bit). The DVFS-enabled design shows superior energy efficiency, with reductions of up to 35% in energy per bit transmitted. This efficiency gain is crucial for IoT devices, where minimizing energy consumption is essential to prolong device life and reduce operational costs.

These results validate the proposed DVFS-based adaptive VLSI design as a highly effective approach for enhancing the performance and energy efficiency of IoT communication networks, particularly in resourceconstrained and real-time applications. The results of this study demonstrate that integrating DVFS into VLSI circuits significantly enhances the performance of IoT communication networks. The adaptive voltage and frequency scaling capabilities of the proposed design allow it to dynamically balance power consumption and performance, ensuring low-latency communication and improved power efficiency. These improvements make the DVFS-based VLSI design a highly viable solution for resource-constrained IoT devices and real-time applications, providing a pathway to more efficient and responsive IoT networks.

CONCLUSION

This paper discovered that the performance and energy efficiency of IoT communication networks were significantly impacted by DVFS. These enhancements are crucial for resource-constrained Internet of Things devices enabling longer battery life lower operating costs and consistent high-performance performance even under heavy loads. Adaptive VLSI architecture with DVFS dynamically adjusts operating voltage and frequency in response to variations in network traffic reducing power consumption by up to 45 percent and latency by 30 percent compared to fixed single-mode designs. In order to effectively meet the real-time demands of diverse Internet of Things applications including industrial automation healthcare monitoring and intelligent city infrastructure DVFS-enabled VLSI circuits balance power and performance. This approach not only addresses important low-power design challenges but also supports scalability and cost-effectiveness making it a very viable solution for contemporary IoT networks. This work sets the path for the next wave of smart technologies across multiple industries by offering a strong framework for energy-efficient VLSI design which promotes responsive and sustainable IoT systems.

Acknowledgment:

This study is supported via funding from Prince Sattam bin Abdulaziz University project number (PSAU/2024/R/1445).

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